



F2T | FIT TO
THRIVE

More Fire Fighters. More Active. More Often.

PERFORMANCE REDEFINED

HOSTING SITE CHECKLIST

In order to host an in-person F2T 101 course, departments must meet the following criteria:

1) Access to at least 3,000 square feet of open space to accommodate the lecture and hands-on/experiential learning portions of the course. The following two items are being submitted as proof of this hosting requirement:

a. 360° video of an open space that can be used to administer the hands-on experiential learning portions of the course. _____

Out of concern for members' increased risk of cancer, the IAFF will NOT conduct the hands-on portion of the class in an apparatus bay

b. 360° video of the space set up with tables and chairs arranged as they would be for the classroom portion of the course (must show seating for a minimum of 25 students and 2 IAFF instructors). _____

2) Access to the items listed below. Please note that by submitting the pre-approval application you are confirming that each of the items will be available.

a. LCD projector and screen in the classroom. _____

b. Access to reliable internet connection and computer. _____

c. 2 poster-size flip charts with paper pads OR 5 portable dry erase boards with 10 large black markers. _____

d. 10 wooden dowels (4-5ft long X 1¼ -1½inch diameter) – found at local hardware store. _____